



ANNUAL REPORT 2013-2014



In 2013-2014, thanks to the generosity of more than 100 volunteers and the funders below, more than 7,000 interventions were offered through the 4 Korners Family Resource Center for children, youth, seniors and their families.



And donations by generous people like you!

In This Year's Annual Report

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Please note: The views expressed herein do not necessarily represent the official policies of the funders, sponsors or partners.

A Word From The President and The Executive Director

Dear Members, Partners and Valued Volunteers,

It has been a busy year at the 4 Korner's Family Resource Center. Budgetary constraints brought challenges and restructuring, yet, this year we managed to provide more interventions. This was made possible by the devoted staff and volunteers, who regularly go above and beyond to help the English-speakers in the Laurentian region.

Four devoted volunteers were recognized as such this last year. Details are provided on page 16. One devoted volunteer persevered until a satellite office was opened in Lachute; details are on page 11. Over 1,100 individuals received more than 7,000 interventions over the course of the year. A breakdown is available on page 8.

The 4 Korner's Laurentian English Services Advisory Network (LESAN) continues to grow. More partnerships are created and bridges are built leading to increased information, programs and services available to the English-speaking community of the Laurentians.

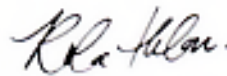
In order to best meet the needs of all 36,000 English-speakers in the Laurentians, the Board of Directors initiated a strategic planning process that will guide the rapidly growing organization over the next three to five years. The past three years brought tremendous growth: one office to three offices; from nearly 400 members to just over 600 members; providing services in one county to providing programs and services in five counties. The strategic planning process will be completed in the next fiscal year and it will ensure that the growth and strategic direction of the organization continue to meet the needs of the English-speaking community in the entire Laurentian region.

Thank you for your ongoing support of the work being done to improve access to health and social services in English.

Respectfully,



PETER ANDREOZZI, PRESIDENT



ROLA HELOU, EXECUTIVE DIRECTOR

Mission

In the spirit of respect, support and empowerment the 4 Corners Family Resource Center is a non-profit community organization dedicated to assisting youth, adults, seniors and their families in the Laurentian region to access health and social information, resources and services in English.

Values

We believe that it is important for people who share a common language to have an accessible, affordable and comfortable place to meet to build social support networks, exchange information and develop projects and programs for itself.

We believe in our right to receive health and social services in English.

We believe that each person contributes to his/her own health and well-being and to that of the community.

We believe that each voice is valuable within an organization, a system or a community and therefore a strong sense of belonging and responsibility should be encouraged.

We believe that there is strength in collaboration, partnerships and networks.

We believe that healthy families are the building blocks of a healthy community.

Objectives

To promote mental and physical health by delivering programs and services to individuals marginalized by factors such as isolation, language, and other risk factors.

To provide early stimulation programs for pre-school children.

To offer programs to prevent isolation, frailty and other conditions associated with aging.

Governance

The Board of Directors of the 4 Korner Family Resource Center governs the organization and oversees its strategic direction. The members of the board ensure that the mission and values are respected. In 2013-2014, in addition to governing, fundraising and representing the organization, members worked on a membership document and began working on a funding formula for municipalities. In addition, the members started a strategic planning process that will guide the direction of the organization for the next three to five years. The process will end in the next fiscal year and a plan will be implemented from 2014 to 2016.

The Board in numbers

FISCAL YEAR 2013-2014	
Number of meetings	10
Number of fundraisers organized	3
Number of grants submitted	22
Number of resolutions	41
Number of hours devoted	428

Members of the Board of Directors



Mr. PETER ANDREOZZI,
PRESIDENT
MRC DEUX-MONTAGNES



Dr. ELIZABETH SACCA,
VICE-PRESIDENT
MRC DEUX-MONTAGNES



Ms. GERTRUDE DORE,
VOLUNTEER COORDINATOR
MRC DEUX-MONTAGNES



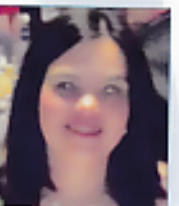
Ms. LINDA SUPINSKI,
MRC DEUX-MONTAGNES



Ms. LINDA DRAYCOTT,
MRC DEUX-MONTAGNES



Mr. TOM WHITTON,
MRC DEUX-MONTAGNES



Ms. JULIE PIETTE
MRC DEUX-MONTAGNES

The Team

The knowledgeable staff at 4 Korner's Family Resource Center, whether in Deux-Montagnes, Sainte-Agathe-des-Monts, or Lachute, can always help you find the appropriate resource every time. A total of 8,168 hours worked.

NAME	TITLE	PROJECT/GRANT
Agnes Noubicier	Social Worker	General operations*
Amanda Fougere	Executive Assistant	Bayer, CRÉ, Emploi Québec, General operations*
Ania Dombrowsky	Student Intern	SAPA
Cecile Bouchard	Daycare	Avenir d'enfants
Dayna Morrow	Coordinator	L'APPUI
Edith Ury	Coordinator	CHSSN : CHEP
Eren Dagdeviren	Family Resource	Avenir d'enfants
Erin Taylor	Family Resource	Québec en forme
Harry Bleeker	Custodian	General operations*
Joanie Ouellette	Participant Navigator	HRDC
Joanne Gagne	Social Intervener	L'APPUI
Kelly Donaldson	Specialized Educator	General operations*
Kevin Nelson	Lacrosse Coach	Québec en Forme
Kim Nymark	Communications Director	CHSSN : NPI and General operations*
Laura Young	Coordinator	CHSSN: NPI, HPP
Leif Truesdale	Participant Navigator	CRÉ
Lisa Agombar	Coordinator	L'APPUI
Lyne Girard	Accountant	General operations*
Mona Helal	Animator	Avenir d'enfants
Rola Helou	Executive Director	CHSSN : NPI, HPP and McGill, General operations*
Sylvia Schatrowski	Resource Coordinator	Avenir d'enfants, General operations*
Thomas Conlan	Participant Navigator	HRDC
Tracy Diabo	Receptionist	Emploi Québec

* General Operations funds include the Agence de la santé et des services sociaux; PSOC (programme de soutien aux organismes communautaires), SAPA (soutien à l'autonomie des personnes âgées) and CIASLA (fonds régional à l'accès aux services en langues anglaises), CENTRAIDE, and donations from other sources that are not project specific.

Programs and Services

INFORMATION, REFERRALS AND ACCOMPANIMENT

The main role of staff at the 4 Korner's Family Resource Center is to provide referrals, accompaniment and specific information to members intended to improve their mental and physical health. Information, in English, is provided through pamphlets, online sources or information sessions hosted at one of the 4 Korner's' locations. Referrals are made to in-house services, to one of the many health and social service establishments, or to the appropriate community organizations in the Laurentians who are able to provide the service in English. When required, individuals are accompanied in their search for resources and services.

Members can access these services by phone, online or in-person at one of the three offices in the Laurentians. In 2013-2014, there were 648 inquiries made by individuals all over the Laurentians.

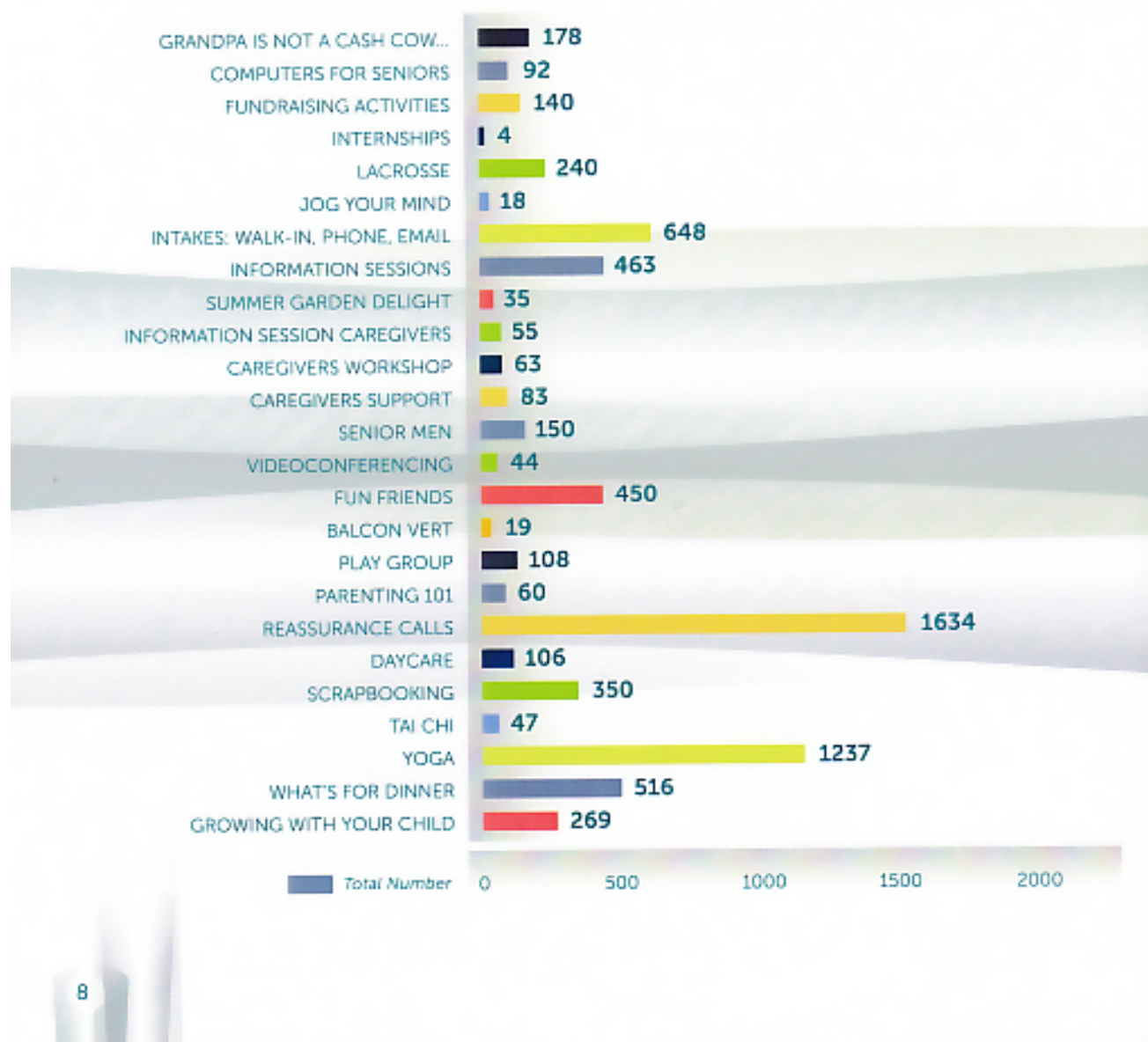
When services are not available in English, staff or volunteers work toward helping partners provide the service in English. When this is not possible, grants are sought to implement programs at one of the 4 Korner's' offices.



Helpful staff assisting members on the phone at the Head Office in Deux-Montagnes

Total Number of Interventions At a Glance

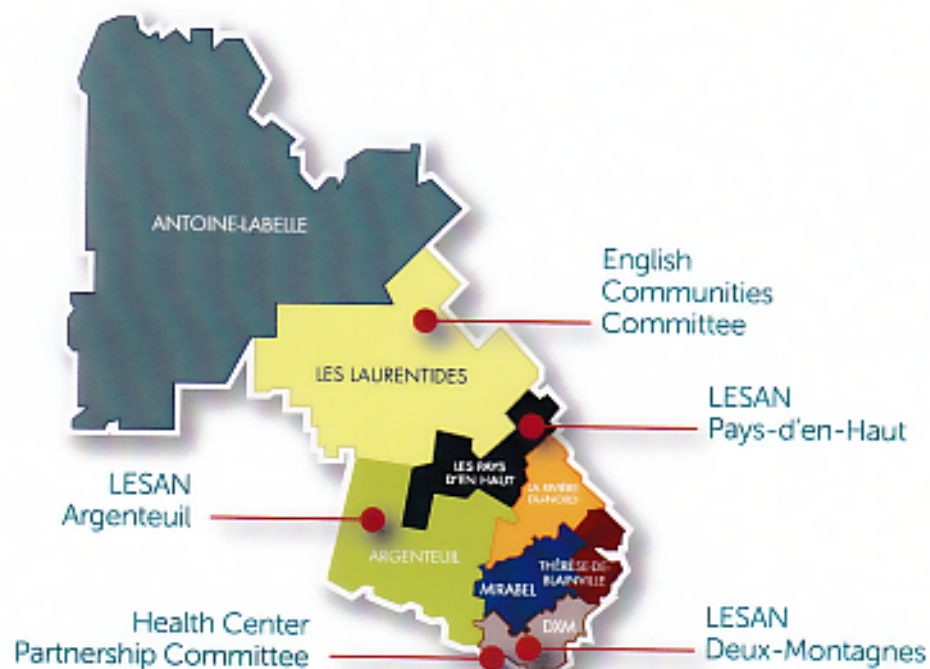
This table provides an overview of the number of interventions made possible through the various programs and projects at 4 Korner in 2013-2014 – 7,009 interventions to be exact. More than 1,100 individuals benefitted from programs, services, information and referrals in English. Membership has reached over 600 individuals. More than 3,000 volunteers hours contributed to making this possible.



Networking in the Laurentians

4 Corners, through a grant from the Community Health and Social Services Network (CHSSN) and Health Canada, sponsors a network called the Laurentian English Services Advisory Network (LESAN). The objective of the LESAN is to bring partners together to improve access to health and social services in English. Given the size of the Laurentians, the number of health and social services centers (CSSS), and the unique character of the English-speaking communities in each of the territories, the LESAN is made up of five distinct committees with a common vision. Each LESAN committee meets several times each year with numerous partners who seek to improve access to services in English. Partners include the local health and social service center, community organizations, education, school board, and numerous volunteers.

Members of the LESAN committees sit at various roundtables throughout the region to communicate the needs of the English-speaking community and to bring information to the English-speaking communities about services available.



Office in Sainte-Agathe-des-Monts

The office in Sainte-Agathe-des-Monts has been operating for over one year. It has enabled staff working in the MRC des Laurentides and the MRC des Pays-d'en-Haut to better serve the English-speaking community, and to strengthen collaboration with partners in the area.

In the MRC des Laurentides and MRC Pays-d'en-Haut			
Activity	Health Impact and Age Group Targeted	Number of Activities	Partners
Information on Health and Social Services at the CSSS des Sommets	Increased knowledge about services available in English to the whole population (0 to 99).	One time 40 people present	CSSS des Sommets and English Communities (E.C.C.)
Early Intervention Language Program	Families (parents and one child age 3) have tools to improve language skills.	Once per week for 10 weeks One family	CSSS des Sommets
Coordinate the English Communities Committee	Improved access to health and social services in English for all through strengthened partnerships.	3 meetings (E.C.C.) Between 6 and 11 partners present	E.C.C., CSSS des Sommets, Users' Committee, and several volunteers
Playgroup	Reduced isolation among families and model activities for children (under 5 years of age).	Once per week for 20 weeks. On average 6 children and 5 parents.	CAL en Bourg Maison de la Famille du Nord
Parenting 101	Increased information about child development and parenting.	Once a week for 10 weeks, offered twice in 2013-2014 6 families	PAIX
Roundtables	Improved access to health and social services in English for all (0 to 99).	An average of 6 meetings per year per roundtable	A total of 4 roundtables with numerous partners.
Information session on cyber bullying	Increased information available to parents in English.	Once 14 parents participated	LESAN Pays-d'en-Haut and the Surete du Québec
Coordinate the LESAN Pays-d'en-Haut	Improved access to health and social services in English for all through strengthened partnerships.	9 meetings with an average of 6 partners present.	CSSS des Pays-d'en-Haut

Office in Lachute

On January 30, 2014, 4 Korner's Family Resource Center opened in Lachute. The opening of this new satellite office was made possible through the dedication of Ms. Edith Ury and the LESANA committee. Ms. Ury sought funding from the City of Lachute, the MRC of Argenteuil and then MNA, Roland Richer.

In the MRC des Laurentides and MRC Pays-d'en-Haut			
Activity	Health Impact and Age Group Targeted	Number of Activities	Partners
Information on Health and Social Services at the CSSS d'Argenteuil and community organizations	Increased knowledge about services available in English to seniors living in Argenteuil	One time	CSSS des Sommets and English Communities (E.C.C.)
Early Intervention Language Program	Families and children (age 6) have tools to improve language skills	Once per week for 8 weeks four families	Laurentian Elementary School LESANA
Family Intervention Services	Family has tools to care for children at home.	146 hours of intervention	Centre jeunesse des Laurentides Argenteuil
Coordinate the LESANA Committee	Improved access to health and social services in English for all through partnerships	9 meetings between 6 and 11 partners present	CSSS d'Argenteuil and several community partners and volunteers
Garden Delight Project	Increased healthy eating habits and improved social skills for children between 6 and 11	Once per week for 7 weeks On average 5 children	Québec en Forme Argenteuil and Laurentian Elementary School
Jog Your Mind	Maintained seniors' cognitive vitality	Once a week for 10 weeks 8 seniors	CSSS d'Argenteuil Fonds d'emprunt des Laurentides
Roundtables	Improved access to health and social services in English for all through strengthened partnerships.	Between 4 and 6 meetings per year per roundtable	A total of 4 roundtables
Information session for caregivers	Increased information available to caregivers in English	Once 20 caregivers attended	CSSS d'Argenteuil L'APPUI
Videoconferences	Increased knowledge about various health topics for individuals of all ages	Once each month for three months A total of 44 people	Community Learning Center Lachute and CSSSA

At the Head Office in Deux-Montagnes

Activity	Health Impact	Number of Interventions
Yoga for the rest of us...	Reduced isolation among seniors, improved physical and mental health.	An average of 12 people 3 times per week for 52 weeks.
Tai Chi	Improved physical and mental health.	An average of 6 people once each week for 20 weeks.
Daycare	Respite for parents, stimulation and socialization for children.	An average of 4 children once a week for 30 weeks.
Reassurance Calls	Support for seniors living alone, prevention or early intervention, improved mental health.	6 volunteers made a total of 1,634 calls to 11 seniors.
Support for Caregivers	Improved mental health and psychosocial support.	A monthly support group, with an average of 14 individuals as well as one-on-one support 2 hours per week.
Workshops for Caregivers	Caregivers have tools to support their loved one and maintain their own health.	7-week workshops were offered to 12 caregivers of all ages.
Scrapbooking	Reduced isolation, improved memory, improved fine motor skills.	An average of 11 seniors 2 hours each week for 31 weeks.
Balcon Vert	Reduced isolation, increase of healthy choices, improved mental and physical health.	19 seniors benefited from the program over the summer.
Senior Men's Cooking Group	Reduced isolation, increase of healthy choices, improved mental and physical health.	An average of 6 men meet once each week for 32 weeks.
Computers for Seniors	Improved access to resources, reduced isolation.	An average of 7 seniors met weekly for 10 weeks.
Information sessions for caregivers	Increased access to information in English.	4 sessions offered, 63 people attended.
Information sessions on various topics	English-speaking population is more informed about various services and health topics.	4 sessions offered, 153 people attended. (Includes Getting to Know Our Communities)
Coordinate Deux-Montagnes LESAN	Partners work together to improve access to health and social services in English for all.	8 meetings with several community partners, volunteers and the CSSS du Lac-des-Deux-Montagnes

At the Head Office in Deux-Montagnes

Activity	Health Impact	Number of Interventions
Coordinate Health Center Partnership Committee	Partners work together to improve access to health and social services in English for all.	2 meetings annually with partners from Health Center, CSSS, ASSS, and roundtables.
Growing With Your Child	Parents have tools to support their child's (under 5 years old) development.	An average of 5 families met weekly for 30 weeks.
What's For Dinner?	Parents have tools to make healthy lifestyle choices.	Between 6 and 12 families met weekly for 30 weeks.
Lacrosse in Kanésatake	Families increase physical activity through traditional game.	An average of 23 young people between 4 and 17 years of age play once a week for 40 weeks.
Tax Clinic	Reduced stress among low income tax payers.	An average of 3 clients per week for 6 weeks.
#stigmanomore	Youth between 15 and 18 years of age speak up against stigma around mental illness and have tools to maintain mental health.	An average of 3 youth per week for an 8-week period (program not completed this fiscal year).
Volunteer Squad	Increased autonomy among seniors.	26 students trained. 8 seniors assisted thus far.
Roundtables	Improved access to health and social services in English for all through strengthened partnerships.	Between 4 and 6 meetings per year at 7 roundtables.



Lacrosse in Kanésatake, sponsored by Québec en Forme Deux-Montagnes

In Other Parts of the Laurentians

The mission of the organization is to ensure improved access to services in English throughout the entire Laurentian region. Though there are currently three physical spaces where individuals may access services, inquiries come from all parts of the Laurentians. In addition, partnerships extend beyond the three offices and result in activities in various parts of the region.

Other areas in the Laurentians		
Activity	Number of Interventions	Territory
Workshops for Caregivers	7-week workshop was offered to 4 caregivers of all ages.	Thérèse-de-Blainville
Support for Caregivers	A monthly support group, with an average of 4 individuals attending.	Thérèse-de-Blainville
Regional Caregivers' Guide	Several committee meetings to plan guide, which will be translated into English, thanks to a grant from the CRASLA at the Health and Social Services Agency of the Laurentians.	St-Jérôme
Information Booths	Over 100 seniors and caregivers received information about 4 Korers.	Thérèse-de-Blainville
Board of Directors	4 Korers represents roundtables in Deux-Montagnes at 2 regional boards: TRAL (Table regional des aînés and l'APPUI)	St-Jérôme Mirabel



Information booth in Thérèse-de-Blainville

Special Projects and Partnerships

1. *Le Temps d'une Pause Project* increased self-identification among 112 caregivers and increased awareness of resources available to them in the Deux-Montagnes area. This project was made possible through funding from L'APPUI pour proches aidants des Laurentides and in collaboration with the Comite local proches aidants Deux-Montagnes et sud de Mirabel.

2. *Countering Elder Abuse* throughout the region with "Grandpa is Not a Cash Cow" and "Grandma Won't Take Any Bull" and informative place mats, in collaboration with the CSSS d'Argenteuil, the TRAL and many other partners.

3. *The Canadian Cancer Society* partnered with 4 Korner's to open a service center in Deux-Montagnes, inside the 4 Korner's' Head Office. Bilingual services available!

4. *Fundraising for children under 5* with partners from Regroupement TANDEM and local politicians, Benoit Charette and Laurin Liu.



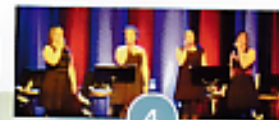
More Special Projects and Partnerships

1. *Volunteer Doug Craig*, recognized as Volunteer of the Year in the Deux-Montagnes area during Senior's Day.

2. *Seniors Action Québec* recognized three dedicated volunteers from the Laurentians: Ms. Gertrude Dore, Ms. Edith Ury, and Ms. Sheila Eskenazi.

3. *Training Young Volunteers* was made possible through a special SAPA project with the objective of maintaining senior autonomy. Once the training was developed for 26 students in Deux-Montagnes, our partners at the CLC at Laurentian Regional High School called upon 4 Korners to train their students too.

4. *The talented a cappella group Carte Blanche* gave a free performance as a holiday contribution to 4 Korners.



More Special Projects and Partnerships

1. *Basha Restaurant hosted 4 Korners* for the annual Volunteer Holiday Luncheon and covered the cost for 10 members.

2. *Traiteur Basha donated a hot meal* for 20 guests during an information session on the FNEA.

3. *This year's McGill grant* was devoted to creating a three-year plan for 2014-2017. Partners at Lake of Two Mountains High School did not allow the lack of funding to prevent them from sending 4 of their students for an observation internship at the St-Eustache Hospital.

4. *The Fun Friends partnership* with AGAPE Laval and the Sir Wilfrid Laurier School Board continue. In addition, the CSSS des Sommets sent their school social worker for the training. A total of 18 people were trained. All 11 elementary schools in the Laurentians have a staff member trained to implement the program. 45 students at Laurentian Elementary School and Mountainview Elementary School benefitted from the 10-week program this year.



Special Funding For Access in the Laurentians

The Comité d'accès aux services en langue anglaise in the Laurentians has historically received a special fund for community organizations that submit projects intended to improve access to health and social services in English. This year, 4 Korner's was approved for eight projects totaling just over \$30,000. The feedback received from the health and social services agency, the institution that manages the fund, is that the level of collaboration highlighted in the projects is noteworthy. The following table provides a breakdown of the projects and partners concerned:

Breakdown of projects			
Grant #	Partners	Description	Agence
14-A-Youth	Table Jeunesse d'Argenteuil	In collaboration with the Table jeunesse d'Argenteuil, communicate information about programs to families and implement when needed.	\$3,000
14-A/DM-Moms	Fonds d'emprunt des Laurentides	With Fonds d'emprunt des Laurentides, translate and distribute guide for women on financial literacy	\$2,000
14-R-CG	Regional caregivers' committee	With comite regional guide proches aidants, translate guide for caregivers	\$3,000
14-R-Comm	Agency, Community Connections, Main Street	Improve communication and spread of information regarding services to English-speakers including providing info from Agence website and other partners' sites.	\$2,500
14-SA-rent	CSSS des Sommets	Services at the office in Sainte-Agathe	\$1,800
14-A-mini	Table parole aux aînés d'Argenteuil	Update and reprint English and French mini-bottin for seniors	\$2,000
14-PDH-guide	LESAN PDH	Update and reprint resource guide	\$1,700
14-R-web		Communication plan and website update	\$18,000

Finances and Revenues

4 Korner's Family Resource Center

STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS
FOR THE YEAR ENDED MARCH 31, 2014

	2014	2013
Revenues (Note 6)	\$ 289,567	\$ 310,096
Expenditures		
Salaries and related benefits	178,155	132,488
Program expenses	55,576	47,291
Program subcontractor fees	12,360	20,304
Office and general	20,240	12,007
Rent	20,530	11,566
Professional fees	14,027	8,080
Telecommunications	2,483	2,855
Utilities	6,740	8,516
Travel	7,094	7,659
Property Taxes	2,931	2,660
Amortization	5,435	4,527
	325,571	257,953
Excess (deficiency) of revenues over expenditures for the year	(36,004)	52,143
Balance, beginning of year	57,148	5,005
Balance, end of year	\$ 21,144	\$ 57,148

Finances and Revenues

4 Korner's Family Resource Center

NOTES TO THE FINANCIAL STATEMENTS
AS AT MARCH 31, 2014

6. Revenues

	2014	2013
a) Federal grants		
CHSSN	\$ 77,346	\$ 106,671
McGill	6,000	25,000
Service Canada (New Horizon for Seniors)	-	23,500
	<u>83,346</u>	<u>155,171</u>
b) Provincial grants		
L'APPUI des Laurentides	42,808	34,243
Agence de Santé et de Services Sociaux Laurentides	92,555	43,278
Société de développement de Saint-Eustache	19,579	12,338
QEF	1,398	-
Emploi Québec	7,063	19,573
PAGSIS	3,600	-
	<u>167,003</u>	<u>109,432</u>
c) Municipal grants		
Ville de Deux-Montagnes	4,200	6,834
NPI - Lachute	5,500	-
	<u>9,700</u>	<u>6,834</u>
d) Foundations		
Mathieu Lafond	-	4,500
Centraide Laurentides	8,081	8,000
	<u>8,081</u>	<u>12,500</u>
e) Fundraising		
Golf tournament	-	8,875
f) Other		
Membership dues	1,850	1,995
Programs	11,946	8,418
Donations	3,305	6,163
Miscellaneous	4,336	708
	<u>21,437</u>	<u>17,284</u>
	<u>\$ 289,567</u>	<u>\$ 310,096</u>

Sponsors, Supporters, Funders, and Partners 2013-2014

AGAPE Laval
Agence de la santé et des services sociaux
des Laurentides
Anne Baudouin
Arundel Elementary School
Avenir d'enfants
Basha Restaurant – Sainte-Marthe-sur-le-Lac
Bayer Inc
Bronzage Lounge
Caisse Desjardins de
Saint-Eustache-Deux-Montagnes
Canada Revenu Agency
Carol and Gordon Wetmore
Catholic Womens League of Canada
CENTRAIDE Laurentides
Centre de réadaptation en dépendances
des Laurentides
CESAME
City of Morin Heights
Claudette Smith
Community Connections
Community Health and Social Services
Network
Community Learning Center Lachute
CSSS d'Argenteuil
CSSS des Pays-d'en-Haut
CSSS des Sommets
CSSS du Lac-des-Deux-Montagnes
CSSS Thérèse-de-Blainville
Curves
Daniel Goyer, MNA
Dawson College
Dayna Morrow
Dépannage St-Agapit
Design DXM c/o Steven Menard
Deux-Montagnes Autrement
Deux-Montagnes LESAN
Donna Gautreau
Donna Sharpe
Edith Ury
Elizabeth Saccà
Ellen Peterkin
Emploi Québec
English Communities Committee
English Language Arts Network
Entre Nous et l'Œuf
Eva Twu
Fondation Mathieu Lafond
Fonds d'emprunt des Laurentides
Health Canada
Health Center Partnership Committee
Heritage Social Club
Human Resources and Development Canada
Ici par les arts
Jamshid Ghavami
Kanehsatake Human Resources Office
Kanesatake Health Center
L'Appui des Laurentides
L'appui des proches aidants d'aines
des Laurentides
L'Éveil
La Farandole
Lake of Two Mountains High School

Sponsors, Supporters, Funders, and Partners 2013-2014

Laurentian Club of Canada	PAIX
Laurentian Elementary School	Paravie
Laurentian Regional High School	Québec en Forme Argenteuil
Le Carrefour Péri-naissance	Québec en Forme Deux-Montagnes
Leighann Dufault - Zumba	Repti-zone
LESAN Argenteuil	Roland Richer, MNA
LESAN Pays-d'en-Haut	Sainte-Agathe Academy
Lions Deux-Montagnes	Sheila Eskenazi
Litho-select Inc	Sir Wilfrid Laurier School Board
Mad Science Montréal	Sur les ailes des artisans
Main Street Newspaper	Table regional des aînés des Laurentides
Maison de la Famille du Nord	Traiteur Farsa
Maison des jeunes Deux-Montagnes	Ville de Deux-Montagnes
Masonic Foundation	Ville de Rosemère
McGill University	Ville de Saint-Eustache
Meals on Wheels Rosemere	Ville de Sainte-Marthe-sur-le-Lac
Morin Heights Elementary School	Women's Time Out
Mountainview Elementary School	

4 Korner's Comings and Goings 2013-2014



Get in Touch With Us !

Looking for services in English? Call 4 Korner.
450-974-3940 or **1-888-974-3940**



Notes



4Korners

In a spirit of respect,

support and empowerment,
the 4Korners Family Resource Center
is a non-profit community
organization in the Laurentian region
dedicated to assisting youth,
adults, seniors and their families
to access information, resources
and services in English.

HEAD OFFICE

1906 chemin d'Oka
Deux-Montagnes,
QC J7R 1N4

Satellite Office

50, rue Corbeil
Sainte-Agathe-des-Monts,
QC J8C 1X2

Satellite Office

508, rue Principale
Lachute,
QC J8H 1Y3

www.4kornerscenter.org