



# ANNUAL REPORT: 2011-2012



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; - <* - )!06- . , +, . !6)' ; ) (50!.....	\$#!
6)' ; ) (50!+ ' )!?' 3 < ; !+ (5,4, -0!.....	\$#!
6)' ; ) (50!+ ' )!0/3* - </0!.....	\$ \$!
6)' ; ) (50!+ ' )!0- < , ' ) 0!.....	\$ \$!
6)' ; ) (5!+ ) -@3- < . ?!( <*!6 ( ) / , . , 6 ( / , ' <.....	" !
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5. ; ,44!4(3) - </ , (<! ) - ; , ' < (4! , </ - ) <0A,6!64 ( . -5- </!0?0/-5!.....	\$ E!
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# GOVERNANCE

## 2011-2012 Board of Directors

!  
!

6GHG!(JKIGLMMNO!6IGPNKGJH!  
6INQRHG!PGSHLI!

. RILT!7JNUVH!8NSG%6IGPNKGJH!  
8LTWJHGGI!RJK!XGXGYI!

\*RITGJG!; LZGHSVGO!/IGRPWIGI!  
5GXGYI!

ORIRV!4GYLGW[!OGSIGHRIZ!  
?LWHV!XGXGYI!

/NX!+LIGXRJ! \*NIGSHLI!  
. 4. !6RIHJG!\4RSVWHG!

4NJKR!\*IRZSLHH!\*NIGSHLI!  
\*GW]!5LJHRUJGP!IG^IGPGJHRHNOG!

4RWIR!?LWJU!\*NIGSHLI!  
4RWIGJHNRJP!IG^IGPGJHRHNOG!

; GIHWKG!\*LIG!\*NIGSHLI!  
)GHNI GK!^!L[GPPNLJRT!

:LRJJG!; RUJ\_! \*NIGSHLI!  
6IL[GPPNLJRT!PGSHLI!

!



## Full-time Staff

:LP\_G!\*GTRJGZO!(KXUNPHIRHNOG!(PPNPHRJH!  
!) LTR!AGTLW!-]GSWHNOG!\*NIGSHLI!  
OZTONR!OSVRHIL` PaN!6ILUIRX!5RJRUGI!

## Special Tasks Staff

(JJG!&RWKLWNJ!+3<!+), -< \*O!6ILbGSH!  
. GSNTG!&LWSVRIK!\*RZSRIG!6ILbGSH!  
-KNHV!3IZ!. A-6!6ILbGSH!  
:LRJJG!; RUJ\_!. RIGUNQIP!6ILbGSH!  
4RWIR!?LWJU!+3<!+), -< \*O!6ILbGSH!  
4NPR!(ULXYRI!. RIGUNQIP!6ILbGSH!

4ZJG!; NIRIK!(SSLWJHNJU!  
ORIRV!?LWJU!. WPHLKNRJ!  
OVRJG!. LIINURJ!6RPH!-]GSWHNOG!\*NIGSHLI!  
OVRJLJ!4RJKIZ!F VRHcP![LI!\*NJG!6ILbGSH!  
OHG^VRJNG!OLWHndIG!OWXXGI!6ILbGSH

!

# PRESIDENT'S REPORT

,J! XZ! TRPH! 6! GPNKGJHcP! PHRHGXGJH! ,! WPGK! HVG! ` L! K! /! RJPNHNLJRT! HL! YGPH!  
KGPS! NYG! TRPH! ZGR! 0! ,! R! X! VR! ^! Z! HL! PR! Z! HVRH! HVNP! ZGR! cP! ` L! K! NP! 5! LXGJHWX! !!  
!

F G! VROG! RJK! SLJHJWG! HL! YWNTK! R! PH! LJU! XLXGJHWX! RTTL ` NJU! HVG! e!  
7L! JG! P! HL! U! L! ` ! RP! R! J! NX! ^! GPPNOG! RJK! G! [[GSHNOG! ^! L! NJH! L! [! P! G! QNSG! [L! ! RTT!  
^! GL! ^! TG! ! NJ! LW! ! XRJKRHGK! ! GUNLJ! HL! WPG! RP! R! ! G! [G! G! JSG! ` VGJ! PGGa! NJU!  
RPPNPHR! JSG! ! NJ! - JUTNPV! 4R! JUWRUG! OG! QNSGP! !  
!

,J! HVNP! ^! RPH! ZGR! ! ` G! VROG! XLOGK! [L! ` R! K! Q! Y! N! J! U! N! J! U! HVG! e! 7L! JG! P! HL!  
JG ` G! ! R! J! K! ! G] SNH! NJU! TGOGT! RP! ! HVG! - JUTNPV! %! P! ^! GRa! NJU! TGRKG! ! NJ! G! J! SLW! R! U! N! J!  
XGJHRT! RJK! ^! VZ! P! SRT! VGRTHV! YZ! ^! L! X! L! H! NJU! RSSGPP! HL! VGRTHV! RJK! PLSNR!  
P! G! QNSGP! ! NJ! HVG! - JUTNPV! TR! JUWRUG! [L! ! HVG! 4R! W! G! J! HNRJ! SLX! XWJNHNGP! !  
!

4LSRTTZ! R! U! R! N! J! HVNP! ZGR! 0! ` G! SLJHJWG! HL! L! [[G! 0! RH! HVG! e! 7L! JG! P! R! RSSGPP! HL! LW! ! G] SGTGJH! ^! L! U! I! R! X! P! RH! R! TNHHTG!  
L! ! J! L! SLPH! HL! XGXYG! P! ! (THV! LWUV! HVGPG! ^! L! U! I! R! X! P! R! G! LWHPHR! JKN! JU! Q! NJ! HVG! JG ` ! ZGR! ! ` G! ` NTT! YG! TLLa! NJU! RH!  
` RZP! HL! PZJG! U! NMG! HVG! G! [[L! HP! L! [! HVG! T! SRT! SLX! XWJNHZ! L! U! R! J! M! R! H! NLJ! P! HL! SLJHJWG! HL! L! [[G! ! HVG! U! I! GRH!  
^! L! U! I! R! X! P! HL! HVG! SNH! MG! J! P! L! [\*GW] %! 5! L! J! HRU! J! GP! ` VNTG! ^! L! X! L! H! NJU! HVG! - JUTNPV! TR! JUWRUG! P! G! QNSGP! HL! RTT! !!  
!

F G! VROG! XRKG! PLXG! ! G! J! LQRHNLJ! P! HL! LW! ! [RSNTNHZ! HVNP! ZGR! ! HL! VGT! ^! WP! YGHHG! ! P! G! QNSG! HVG! SLX! XWJNHZ! ! F G!  
RKKKG! RJ! RN! ! SLJKNHNLJ! NJU! WJNH! YGHHG! ! QGJHNRHNLJ! [L! ! RN! ! SNI! SWTRHNLJ! /VGPG! ! G! J! LQRHNLJ! P! ` NTT! VGT! ^! WP!  
SLJHJWG! HL! WHNTMG! LW! ! [RSNTNHZ! ! NJ! HVG! VLH! KRZP! L! [PWXXG! ! !!  
!

,! ` LWTK! TNaG! HL! HRaG! HVNP! L! ^! L! HWJNHZ! HL! HVRJa! HVG! TLJU! P! G! QNJU! &LRIK! L! [\*NIGSHLIP! XGXYG! P! ` VL! VROG!  
P! G! IQGK! HVGN! ! XRJKRHG! ZGR! ! R! [HG! ! ZGR! ! RP! ` GTT! RP! RTT! PHR! [[! RH! HVG! e! 7L! JG! P! ) LTR! AGTLW! Q! ZTQNR! OSVRH! L ` Pa! N!  
RJK! :! LP\_ G! \*GTRJZ! [L! ! HVGN! ! KGKNSRHNLJ! LOGI! HVNP! ^! RPH! ZGR! ! (T! P! Q! ,! ` LWTK! TNaG! HL! HVRJa! RTT! HVG! O! ^! GSNRT! /RPa!  
OHR! [[! [L! ! HVG! G! [L! HP! ! HVRH! G! J! P! W! ! G! ! HVG! e! 7L! JG! P! ! NP! RYTG! HL! ^! L! QNK! G! HVG! YGPH! P! G! QNSGP! HL! LW! ! STNGJHGTG! ! +NJRTTZ! ,!  
VWUG! HVRJa! ZLW! HL! RTT! L! [LW! ! QLTWJHGG! P! ! F! NHVLWH! HVG! VGT! ^! Q! KGKNSRHNLJ! RJK! KGHG! X! NJRHNLJ! L! [LW! ! QLTWJHGG! P!  
HVG! e! 7L! JG! P! ` LWTK! J! L! H! YG! RYTG! HL! G] NP! ! NJ! NHP! SWI! G! J! H! [L! X! !  
!

' W! ! - ] GSWHNOG! \*NIGSHL! Q! ) LTR! AGTLW! SLJHJWGP! HL! Y! N! J! U! HVG! e! 7L! JG! P! ! NJH! HVG! P! ^! LHTNUVH! 3PNJU! GOGIZ!  
IGPLWISG! RQRNTRYTG! ) LTR! NP! YWNTKNJU! PH! LJU! IGRHNLJ! PVN! ^! P! ` NHV! LW! ! ^! R! H! JG! P! ! NJ! HVG! 4R! W! G! J! HNRJ!  
. LXXWJNHNGP! /VNP! NP! HVG! H! W! G! GPPGJSG! L! [! HVG! e! 7L! JG! P! ! XRJKRHG! RJK! ` G! R! G! XRa! NJU! U! I! GRH! PH! NKGP! ! NJ!  
` L! a! NJU! HLUGHVGI! HL! [NJK! PLTWHLJ! P! HVRH! XRaG! PGJPG! [L! ! HVG! ! R! HVG! ! TR! UG! HG! I! NHLIZ! ` G! R! G! XRJKRHGK! HL!  
SLOGI! !  
!

,J! "#\$2! ` G! ` NTT! YG! [LSWPNU! LJ! STGRITZ! KG[NJNU! LW! ! QNPWLJ! LJ! VL ` ! ` G! ` NTT! YG! XLQNJU! [L! ` R! K! ! NJ! LW! !  
XRJKRHGK! HG! I! NHLIZ! (P! ` G! SLJHJWG! HL! KGOGTL! ^! RJK! U! L! ` ! RP! R! J! L! U! R! J! M! R! H! NLJ! Q! ` G! R! G! UR! NJU! G] SGTGJH!  
XLXGJHWX! ` VNSV! ` NTT! ^! L! ^! GT! HVG! e! 7L! JG! P! HL! HVG! JG] H! TGOGT! NJ! G! J! P! W! ! NJU! - JUTNPV! TR! JUWRUG! P! G! QNSGP! HL! RTT!  
HVLPG! ` VL! JGGK! NH! !!  
!

(P! [L! ! JG] H! ZGR! cP! ` L! K! Q! ` NHV! HVG! G] SGTGJH! XLXGJHWX! ` G! VROG! ,! VROG! J! L! KLWYH! HVRH! NH! ` NTT! YG!  
LWHPHR! JKN! JU! L! ! GOGJ! G] SG! ^! HNLJRT! YWH! ` G! ` NTT! PGG! JG] H! ZGR! f!  
!

ONJSGIGTZ! !

6GHG! (JK! IGLMMN!

6! GPNKGJH! e! 7L! JG! P! +RXNTZ! ) GPLWISG! . GJHG! !



# EXECUTIVE DIRECTOR'S REPORT



(TTL` !XG!HL!YGUNJQ!HVNPQ!XZ! [N!PH!IG^L!H!RP!HVG! - ]GSWHNOG! \*N!GSHL!L!L[ e!7LIJG!PQ!YZ!PNJUNJU!HVG!^!RNP!G!L[!HVNP!G]H!RL!KNJRI!Z!L!URJNMRHNLJ! HVRH! VRP! PGIOGK! HVG! SLXXWJNHZ! PNJSG! "##E!! /VG! e! 7LIJG!P! VRP! ^!LQJ! NHPGT[! HL! YG! R! SLIJG!PHLJG! L[! HVG! SLXXWJNHZ!! e! 7LIJG!P! ^!LQNKGP! PGIQNSGP! [L! ^GL^TG! L[! RTT! RUGP! RJK! PGGaP! HL!NX^!LQ! HVG! ^VZPNSRT!RJK!XGJHRT!VGRTHV!L[!HVG! -JUTNPV%P^GRaNUJ!SLXXWJNHNGP!L[! HVG! 4RWIGJHNRJPI! ! /VG! NJ[L!XRHNLJ! RJK! IGPLWISGP! RQRNTRYTG! NJ! -JUTNPV! RIG! WJ^R!RTTGTGK!NJ! LWI! IGUNLJ!! 6!LU!RXP! RIG! KGOGL^GK! YRPGK! LJ! HVG! JGGK! L[! HVG! ^GL^TG! RJK! RIG! L[[G!GK! YZ! HVG! ^GL^TG! HVGXPGTOGP!! /VG! HGRX! L[! QLTWJHGGIP! HVRH! ` L!aP! HL! NX^!LQ! HVG! L!URJNMRHNLJ!N!P!R!HGPHRXGJH!HL!L!V` !TLOGK!RJK!R^!IGSNRHGK!e!7LIJG!P! +RXNTZ!) GPLWISG! . GJHG!N!P!! ,H!N!P!H!WZ!R!^!NONTGUGQ!R!^TGRPWIG!RJK!R!J! VLJLWI!HL!YG!R!^R!H!L[!PWSV!R!J!NX^!L!HRJH!RJK!QRTWGK!L!URJNMRHNLJ! !

"#\$%"#\$"!` RP! [NTGK!` NHV! R! XN]! L[! HVG! LTK! RJK! HVG! JG` !! OGQGI RT! L[! HVG! PWSSGPP[WT! ^!LU!RXP! L[[G!GK!HL!HVG!SLXXWJNHZ!SLJHJWGGK!!/VNIHGGJ!^!LU!RXP!` GIG!L[[G!GK!YZ!e!7LIJG!P!RH!LW!SGJHG! LJ!` aR!ILRKO!NJSTWKNJUQ!RP!ZLW!` NNT!IGRK! [W!HVG!Q! ?LURQ! F VRHcP! [L! \*NJJG!Q!` V! . \_YLQ!OS!R^YLLaNUJ! RJK! LHVG! [RXNTNRI! [RQL!NHGP! !! ,J! RKK!NHNLJQ! HVGIG!` GIG! JG` !H` NPHP! LJ! PLXG! LTK! [RQL!NHGP! !! +L! ! G]RX^TGQ!HVG!OGJNL! !5GJ!SLJHJWGGK!HL!XGGH!YWH!HVGZ!RSgWNI GK!PLXG!SLLaNUJ!PaNTTP!HL!UL!` NHV!HVGNI! SLJQGI PRHNLJPI!!!

! /VGIG!` GIG!PLXG! [RXNTNRI! ^!LU!RXP! L[[G!GK!YZ! PLXG! L[! LWI! ^R!HJGIP! RH! e! 7LIJG!P! PWSV! RP! HVG! )GRKNJU! \*GHGSHNOGP!RJK! /' 60!! 5RJZ! L[! LWI! ^R!HJGIP!TNaG! /' 60Q!6 (<\* (!&40' Q!&GTTZ!KRJSNUQ! /RN! . VNI!RJK!hWXYR!UGJG!LWPTZ!SLJHJNYWHG!HL!HVG!LJULNUJ! [WJSHNLJNUJ!L[!HVG!SGJHG!YZ!K!LJRHNJU!R!PXRRT! RXLWJH!L[!XLJGZ! [L!IGJH!!` W!^R!HJGIP!L[[G!GK!R!HLHRT!L[! [NOG!^!LU!RXP!RH!e!7LIJG!P! !

OGQGI RT! JG` !^!LU!RXP!` GIG!NJH!LKWSGK!NJ! "\$%"#\$"!!!` JG! JG` !^!LU!RXP! NJH!LKWSGK! HVNP! ZGR! !` RP!L[[G!GK!YLHV!RH!e!7LIJG!P!RJK!RY!LRK!i!RTT!HVG!` RZ!NJ! \*RTGPONTG!NJ!HVG! (IUGJHGWN!R!IGRI!! /VNP! JG` !^!LU!RXP! YGJG[NHGK! -JUTNPV%P^GRaNUJ! SRIGUNOGIP! YZ! ^!LQNKNUJ! HVGX!` NHV! NJ[L!XRHNLJ! RJK! PW^L!H!HL!YGJG[NH!HVGX!NJ!HVGNI!!LTG!!!!

! (JLHVGI!JG` !^!LU!RXP!HVRH!` G!` GIG!^!LWK!HL!L[[G!IJ! [LW!PSVLLTP!NJ!HVG!4RWIGJHNRJPI!` RP!HVG!+3<! +) , -<\*Q! ^!LU!RXP! ! /VG! FLITK! AGRTHV! ' TURJNMRHNLJ! IGSLUJNMGP! HVNP! ^!LU!RXP! RP! RJ! RJ]NGHZ! ^!IGQGJHNLJ!HL!LT!!F G!VRK!HVG!^!NONTGUG!L[!Y!NJUNJU!NH!NJHL!HVG!4RWIGJHNRJPO!NJ! -JUTNPV!!/VNP!^!LU!RXP! ` RP!L[[G!GK!KNI GSHTZ!NJ!HVG!PSVLLT!! ,J!HLHRTQ!HVGIG!` GIG!PGQJ!^!LU!RXP!L[[G!GK!YZ!e!7LIJG!PQ!YWH! LWHPNKG!L[!LW!XR!NJ!SGJHG!Q!RJK!` G!SLTTRYL!RHGK!LJ!R!JLHVGI! [LW!1! !

! /VNP!N!P!R!J!NX^!IGPPNOG!HLHRT!RJK!NH!K!LGP!JLH!NJSTWKG!HVG!NJ[L!XRHNLJ!RJK!IG[G!IRT!PGIQNSGP!HVRH!` GIG! L[[G!GK!LJ!R!KRNTZ!YRPNPQ!JL!K!LGP!NH!NJSTWKG!HVG!JGH` L!aNUJ!^!LbGSHQ!YGHG!aJL` J!RP!4-0(<!!Q!LQNH! NP!STGRI!JL` !` VZ! ,! [GGT!PL!^!NONTGUGK!HL!YG!^R!H!L[!HVNP!G]H!RL!KNJRI!Z!L!URJNMRHNLJ!! /VG! [WHWIG!L[! -JUTNPV!PGIQNSGP!TLLaP!Y!NUVH!` NHV!R!YGRSLJ!TNaG!e!7LIJG!P!TGRKNJU!HVG!` RZ! !

! ,!TLLa! [L!` R!K!HL!PGIQNUJ!ZLW!NJ! "\$%"#\$"!2! RP!` G! SLJHJWGG!HL!L[[G!I! YGJG[NSMRT! ^!LU!RXP!RJK! PGIQNSGPQ!RJK!RP!` G!SLJHJWGG!HL!SLTTRYL!RHG!` NHV!LW!^R!HJGIP!HV!LWUVLWH!HVG!4RWIGJHNRJPI! !

! )GP^GSH[WITZQ!  
!  
*R. A. Hillman*

# MISSION STATEMENT

! J! HVG! P^NINH! L[! IGP^GSHO! PW^^LIH! RJK! GX^L` GIXGJH! HVG! e!  
 7LIJGIP! +RXNTZ! )GPLWISG! . GJHG! NP! R! JLJ%^IL[NH! SLXXWJNHZ!  
 LIURJNMRHNLJ! KGKISRHGK! HL! RPPNPHNJU! ZLWHVQ! RKWTHPQ! PGJNLIPI! RJK!  
 HVGNI! [RXNTNGP! NJ! HVG! 4RWIGJHNRJ! IGUNLJ! HL! RSSGPP! NJ[LI XRHNLJQ!  
 IGPLWISGP!RJK!PGIQNSGP!NJ!-JUTNPV!

## Values

F G! YGTNGQG! HVRH! NH! NP! NX^L IHRJH! [LI! ^GL^TG! ` VL! PVRIG! R! SLXXLJ!  
 TRJUWRUG! HL! VROG! R! RSSGPPNYTGQ! R[LI KRYTG! RJK! SLX[LI HRYTG! ^TRSG!  
 HL! XGGH! HL! YWNTK! PLSNRT! PW^^LIH! JGH` LIaPQ[G] SVRJUG! NJ[LI XRHNLJ!  
 RJK! KGQGL ^! ^! LbGSHPI RJK! ^! LIURXP! [LI! NHPGT[!  
 F G! YGTNGQG! NJ! LWI! INUVH! HL! I GSGNQG! VGRTHV! RJK! PLSNRT! PGIQNSGP! NJ!  
 -JUTNPV!  
 F G! YGTNGQG! HVRH! GRSV! ^G! PLJ! SLJH! NYWHGP! HL! VMP\VG! L` J! VGRTHV!  
 RJK! ` GTT%YGNJU! RJK! HL! HVRH! L[! HVG! SLXXWJNHZ!  
 F G! YGTNGQG! HVRH! GRSV! QLNSG! NP! QRTWRYTG! ` NHVJ! R! LIURJNMRHNLJQ! R!  
 PZPHGX! LI! R! SLXXWJNHZ! RJK! HVGIG[LI! G! R! PHILJU! PGJPG! L[!  
 YGTLJUNJU! RJK! IGP^LJPNYNTNHZ! PVLWTK! YG! GJSLWI RUGK!  
 F G! YGTNGQG! HVRH! HVGIG! NP! PHIGJUH! NJ! SLTRYLIRHNLJQ! ^RIHJGIPVN^P!  
 RJK! JGH` LIaP!  
 F G! YGTNGQG! HVRH! VGRTHVZ! [RXNTNGP! RIG! HVG! YWNTKIJU! YTLsaP! L[! R!  
 VGRTHVZ! SLXXWJNHZ!

## Objectives

/L! ^! LXLHG! XGJHRT! RJK! ^VZPNSRT! VGRTHV! YZ! KGTNGQINJU! ^! LIURXP!  
 RJK! PGIQNSGP! HL! NJKNQKWRTP! XRIUNJRTNMGK! YZ! [RSHLIP! PWSV! RP!  
 NPLTRHNLJQ! TRJUWRUGQ! RJK! LHVGI! INPa! [RSHLIP!  
 /L! ^! LQNK! GRITZ! PHNXWTRHNLJ! ^! LIURXP! [LI! ^! IG%PSVLLT! SVNTKIGJ!  
 /L! L^GIRHG! R! KIL^%J%KRZSRIG! BARTHG!; RIKGINGC!  
 /L! L[[GI! ^! LIURXP! HL! ^! IGQJH! NPLTRHNLJQ! [IRNTHZ! RJK! LHVGI!  
 SLJKNHNLJP! RPPLSNRHGK! ` NHV! RUNJU!



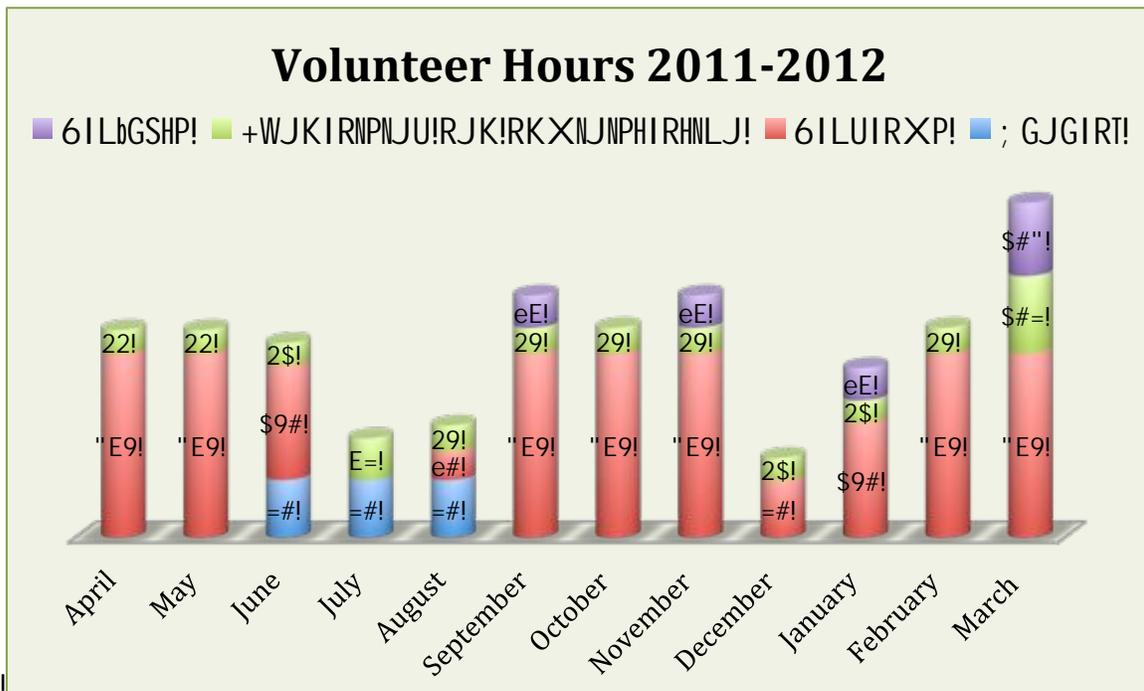
# VOLUNTEERS

8LTWJHGGIP!RIG!HVG!YRSaYLJG!L[!e!7LIJGIP!!F NHVLWH!HVG!UGJG!LWP!  
 SLJHINYWHNLJ!L[!RTXLPH!j #!^GL^TG!NJ!HVG!4RWIGJHNRJ!SLXXWJNHZO!  
 XRJZ!L[!HVG!^!LUIRXP!SLWTK!JLH!YG!L[[GIGK!!F GQ!HVG!&LRIK!L[!  
 \*NIGSHLIPQ!HVG!OHR[[!RJK!HVG!6RIHNSI^RJPQ!RIG!HVRJa[WT! [L!HVGPG!  
 LWHPHRJKIJU!IJKNQKWRTPQ!RJK!`G!RIG!VLJLWIGK!HVRH!HVGZ!RIG!^RIH!  
 L[!LWI!HGRX!

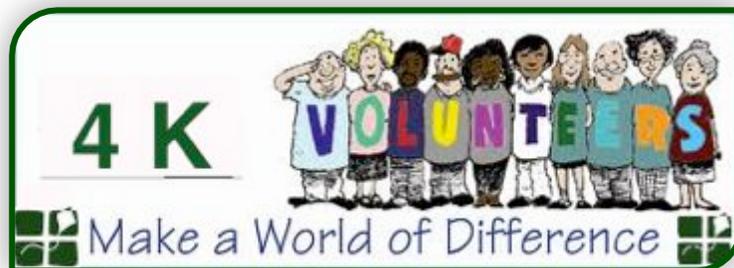


/VG! [LTL` NJU! HRYTG! PVL` P! HVG! YIGRaKL` J! L[! QLTWJHGGI! VLWIPQ!  
 ` VNSV!HLHRT!XLIG!HVRJ!2###!!/VG!HRYTG!IJSTWKGP!HVG!SLJHINYWHNLJ!  
 L[! HVG! XGXYGIP! L[! HVG! &LRIK! L[! \*NIGSHLIPQ! YWH! G]STWKGP! HVG!  
 JWXG!LWP! G]HIR! VLWIP! UGJG!LWPTZ! UNQGJ! YZ! ^RNK! PHR[[! ` VL! UL!  
 RYLOG!RJK!YGZLJK!HVGNI!WPWRT!2E!VLW1%` GGa!

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# PROGRAMS

## PROGRAMS AND SERVICES FOR ALL AGES

### Information and Referrals

e! 7LIJGIP!NP! KGKINSRHGK! HL! RPPNPHNJU! ^GL^TG! L[! RTT! RUGP! HL! RSSGPP!  
 NJ[LI XRHNLJQ! IGPLWISGP!RJK!PGIQNSGP!NJ! -JUTNPV! F G!RIG!^ILWK!HL!  
 YG! RYTG! HL! ^ILQNKG! IG[GIRTP! RJK! P^GNS[NS! NJ[LI XRHNLJ! HL! LWI!  
 XGXYGIP! ! ' WI! SLTTGSHNLJ! L[! -JUTNPV! TRJUWRUG! ^RX^VTGHP!  
 KGPSINYIJU! HVG! QRINLWP! ^ILUIRXP! RJK! PGIQNSGP! RQRNTRYTG! NJ! HVG!  
 IGUNLJ!NP!SLJPHRJHTZ!U!L` NJU!!!' WI!aJL` TGKUGRYTG!PHR[!SRJ!VGT^!  
 [NJK!NJ[LI XRHNLJ!RJK!XRaG!R!IG[GIRTIHL!RJR^L^INRHG!PGIQNSG!!! ,J!  
 RKKNHNLJQ! ` G!RIG!SLJPHRJHTZ!W^KRHNJU!LWI!LJTNJG!VGRTHV!RJK!PLSNRT!  
 PGIQNSGP! KNIGSHLIZQ! ` VNSV! NJSTWKGP! R! SLX^IGVGJPNQG! TNPH! L[!  
 PGIQNSGP!RQRNTRYTG!NJ! -JUTNPV!NJ!HVG!4RWIGJHNRJP!!!!

!

### Intakes and Accompanying

-RSV! ZGRIQ LOGI! LJG! VWJKIGK! RJK! [N[HZ! NJKNQKWRT! SLXGQ! LI! RIG!  
 IG[GIGKQ!HL!e! 7LIJGIP!NJ!PGRISV!L[!SLX[LIHQPW^LH!LI!PGIQNSGP!NJ!  
 -JUTNPV! ! (! XGXYGI! L[! HVG! PHR[! ` NTT! TNPHGJ! HL! HVG! NJKNQKWRTcP!  
 SLJSGIJP!RJK!JGGK!RJK! ` NTT!XRaG!R!IG[GIRTIHL!GNHVG!R!NJ%LWPG!  
 PGIQNSG!LI!HL!LJG!L[!HVG!LHVG!IGPLWISGP!RQRNTRYTG!NJ! -JUTNPV!NJ!HVG!  
 4RWIGJHNRJP!!! ,J!PLXG!SRPGPQ!NJKNQKWRT!RIG!RSSLX^RJNGK!NJ!HVGNI!  
 PGRISV![LI!IGPLWISGP!RJK!PGIQNSGP!

!

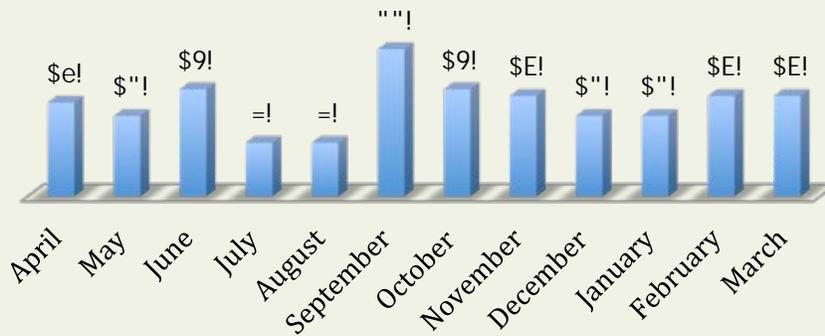


09/09/2011  
**INFORMATION AND RESOURCES**

**Everything you're looking for, in English!**



## Information and Referral Requests 2011-2012



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## Oh, Cébo! Painting

' JSG! R! ` GGa! ^GL^TG! L! RTI! RUGP! RJK! PaNTI! TGQGTP! URHVIGIGK! HL!  
G]^IGPP! HVGXPGTQGP! HVILWUV! ^RIJHNJU! ! . \_SMTG! &LWSVRIK! R!  
^IL[GPPNLJRT!NJHG!NL!KGNPUJG!RJK!RIHNP!RJVXRHGK!HVNP![WJ!SLWIPG!  
HVRH! RTPL! PGIQK! HL! YIGRa! NPLTRHNLJ! RJK! PGIQK! RP! IGP^NHG! [L!  
SRIGUNQGIPI!

!

## Counselling and Support

4RPH!ZGRI!QLTWJHGG!HVGIR^NPH!:LRJJG!; RUJ\_!PW^^L!HGK!NJKNQKWRTP!  
NJ!HVG!IGUNLJ!YZ!^!LONK!NJU!LJG%LJ%LJG!RJK!PXRT!U!LW^!HVGIR^Z!!!

!

## 5/30 Challenge

e! 7LIJGIP!SVRTGJUGK!HVG!SLXXWJNHZ! L[\*GW]%5LJHRUJGP!HL!bLNU!  
NJ![L!R!KRNTZ!2#%XNWHG!` RTa!RTLJU!' aR!ILRK!!/VG!IGP^LJPG!` RP!  
GJSLWIRUNJU!! (J!ROGIRUG!L!9!^RIHNSI^RJHP!bLNUJGK!HVG!KRNTZ!` RTa!  
[L! HVG! KWIRHNLJ! L! HVG! SVRTGJUG! ! 6RIHNSI^RJHP! ` GIG! RTPL!  
IGXNJKKG!HL!SLJPWXG!E![IWHNP!RJK!IQUGHRYTGP!KRNTZ!

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## FOR ADULTS OF ALL AGES

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## Scrapbooking with Carol

/VNP!^ILUIRX!` RP!KGNPUJGK!HL!^ILONKG!^RIHNSI^RJHP!` NHV!RXLHVGI!  
XGKNWX![L!PGT[%G]^IGPPNLJQ!` VNTG!NX^ILONJU![NJG!XLHL!PaNTP!RJK!  
XGXLI!Z!PaNTP!!!' JSG! R! ` GGa! . RILT! 7JNUVH!` RTaGK!^RIHNSI^RJHP!  
HVILWUV! HVG! [WJ! SIGRHNQ! ` LITK! L! PSIR^YLLaNUU! ` VNTG! HVGZ!  
G]G!SNPGK!HVGNI!XGXLINGP!RJK!PVRIGK!HVGNI!PHLINGP!

## Workshops for Caregivers

/VILWUV! R! JG` ! UIRJH! [ILX! l'Appui des Laurentides! RJK! HVG!  
UGJGILPNHZ! L!HVG! . 000!Kc(IUGJHGWNTO!e! 7LIJGIP!` RP!RYTG!HL!L[G!  
` LIaPVL^P![L!SRIGUNQGIPI!YLHV!NJ!HVG!5) . !\*GW]%5LJHRUJGP!RJK!  
HVG! 5) . ! (IUGJHGWNTO! ! /VGPG! ` LIaPVL^P! RNXGK! HL! ^ILONKG!  
SRIGUNQGIPI! ` NHV! HVG! HLLTP! HL! SRIG! [L! HVGXPGTQGP! RJK! ^IGOGJH!  
YWIJLWH!

!

## Balcon Vert

/VILWUV!R!UIRJIH![ILX!HVG! . NHZ!L[\*GW]%5LJHRUJGP!e!7LIJGIP!` RP!  
RYTG!HL!L[G!HVG!&RTSLJ!8GIH!^ILUIRX![L!R!HVNIK!ZGRI!NJ!R!IL` !!  
/VG!^WI^LPG!L!HVNP!^ILUIRX!` RP!HL!^ILONKG!NJKNQKWRTP!TQNJU!NJ!  
HVG!RIGR!` NHV!HVG!XGRJPI!HL!UIL` !HVGNI!L` J!^ILKWSG!!!(IHGRX!L!  
QLTWJHGGIP! ^IG^RIGK! RJK! KGTNQGIGK! HVG! ^TRJHP! RILWJK! HVG! 5) . !  
\*GW]%5LJHRUJGP! RIGRI! ,J! RKKNHNLJ! HL! TGRIJNU! RYLWH! UR!KGNJU!  
RJK! VRQNJU! [IGPV! ^ILKWSG! HVG! NJKNQKWRTP! PVRIGK! HVGNI!  
G]^GINGJSGP! ` NHV! LHVGI! ^RIHNSI^RJHP! HVGIGYZ! SLWJHG!NJU! HVG!  
G[GSHPL!NPLTRHNLJ!

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## GENDER SPECIFIC PROGRAMS

### Women's Information Sessions

e! 7LIJGIP! SLTRYLRHNLJ!` NHV! F L XGJcP! /NXG! ' WHO! TRWJSVGK! R! JG` !PGINGP! L! NUJ[LI XRHNLJ! PGPPNLJP! [LI!` L XGJ!! /VNP! ^RPH! ZGRI! R! QRINGHZ! L! VGRTHV! I GTRHGK! NPPWGP!` GIG! RKK! GPPGK! NJSTWKNJU!! XGJHRT! VGRTHV! XGK! SRHNLJ! 6RI aNUJLJcP! RJK!` NTP! RJK! XRJKRHGP!

### Senior Men's Program

/VG! XGJ! SRXG! HLUGHVGI! LJSG! R!` GGa! HL! K! NPSWPP! RJZ! HL ^! IS! HVRH!` RP! L! NUJHG! GPH! HL! HVGX! !! /VNP! VGT^GK! Y! IGRa! HVG! NPLTRHNLJ! [RSGK! YZ! XRJZ! L! HVGPG! XGJ! !! /VNP! ZGRI! HVILWUV! R! UIRJH! [LX! HVG! Agence de la santé et des services sociaux des Laurentides! e! 7LIJGIP!` RP! RYTG! HL! ^! LQNKG! SLLa! NUJ! TGPP! LJ! [LI! HVG! TRHG! ^! RIH! L! [" #\$\$\$' #\$\$" !!!



## PROGRAMS FOR YOUNG FAMILIES

### Chatterbox

6RIGJHP! L! ^! IGPSVLLTGIP! SRXG! HLUGHVGI! LJSG!` GGaZ! HL! GJURUG! NUJ! SLJQGI PRHNLJ! PVRIG! NUJ[LI XRHNLJ! RYLWH! HVG! H! NRTPO! H! NYWTRHNLJP! RJK! IG` RIKP! RPPLSRHGK!` NHV! ^RIGJHNUJ! R! ^! IGPSVLLTGIP! RJK! LHVG! [RXNTZ! NPPWGP! ! +IGG! SVTKSRIG!` RP! RQRNTRYTG! HVILWUV! HVG! Regroupement TANDEM, HVILWUV! R! UIRJH! [LX! Avenir d'enfants!



### What's for Dinner?

' JSG! R!` GGa! ^RIGJHP! L! ^! IGPSVLLTGIP! XGH! HL! TGRIJ! RYLWH! ^! IG^RI NUJ! R! VGRTHVZ! XGRT! [LI! HVGNI! [RXNTNGP! !! /VNP! ^! LU! IRX! P^LJPLIGK! YZ! HVG! Regroupement TANDEM, HVILWUV! R! UIRJH! [LX! Avenir d'enfants! RJK! RJNXRHGK! YZ! OVRJLJ! 5LPP! ^! LQNKG! ^RIGJHP!` NHV! NUJ[LI XRHNLJ! LJ! VL` ! HL! SVLLPG! VGRTHVZ! XGRT! RJK! VL` ! HL! [NH! XGRT! ^! IG^RI RHNLJ! NJHL! RJ! RTIGRKZ! YWPZ! KRZI! ! +IGG! SVTKSRIG!` RP! RQRNTRYTG!



### Growing with your Child

/VNP! ^NLH! ^! LU! IRXGK! RNXGK! HL! ^! LQNKG! SVTKIGJ!` NHV! PSVLLT! IGRK! NUJGPP! PaNTP! !! /VG! ^RIGJHP! VRK! RJ! L^ ^! L! HWJNHZ! HL! LYPG! IQG! VL` ! HVGPG! PaNTP! SRJ! YG! KGQGT! ^GK! !! /VGZ!` GIG! RTPL! RYTG! HL! YGJG! NH! [LX! HVG!` NPKLX! RJK! G] ^G! NGJSG! L! OZTONR! OSVRH! L` PaM!` VL! RJP` GIGK! HVGNI! gWGP! HNLJP! RJK! RKK! GPPGK! HVGNI! SLJSG! JP! !! /VNP!` RP! XRKG! ^LPPNYTG! HVILWUV! R! UIRJH! [LX! Avenir d'enfants.



### Daycare Services

5LJKRZ! XLIJNJUP! ^RIGJHP! VRK! HVG! L^ ^! L! HWJNHZ! HL! K! L^! L! [! HVGNI! SVTKIGJ! RH! e! 7LIJGIP! - KWSRHLP! ^! LQNKGK! R! [WJ! RJK! GKWSRHNLJRT! RHXLP^VGIG!` VNTG! ^RIGJHP! HLLa! SRIG! L! [LHVGI! YWPNJGPP! !!

## PROGRAMS FOR STUDENTS

! **Brainwaves Tutoring**  
' JSG!R!` GGa@AGRHVGI!/IGXYTRZ!RJK!R!U!LW^!L!Q!LWJHGGI!HGRSVGIPI!  
L[[GIGK!PW^^L!H!HL!GTGXGJHRIZ!PSVLLT!RJK!VNUV!PSVLLT!PHWKGJHP!  
`VL!`RJHGK!G]HIR!RPPNPHRJSG!`NHV!PSVLLT`LIa1!!!

## PROGRAMS FOR SENIORS

! **Reassurance Calls**  
'WI!KGKNSRHGK!QLTWJHGGIP!SLJHNJWGK!HVG!e!7LIJGIP!HIRKNNLJ!L!  
L[[GINJU!R!KRNZ@`GGaTZ!L!XLJHVTZ!IGRPPWIRJSG!SRTT!HL!PGJNLIP!  
`VL!`NPVGK!HL!IGXRNJ!NJKG^GJKGJH!YZ!PHRZNUU!NJ!HVGNI!VLXGP1!!!!

### Yoga - For the Rest of Us

<GT!5S.VINPHNG@LJG!L!LWI!KGKNSRHGK!QLTWJHGGIP@SLXYNJGK!YRPNS!  
ZLUR!^LPNNLJP!RJK!^TL^GI!YIGRHVNUU!HGSVJNgWGP!NJ!HVNP!ZLUR!  
SLWIPG!KGPNUJGK![L!PGJNLIP!!/VNP!SLWIPG!`RP!L[[GIGK!HVI GG!HNXGP!  
GRSV!`GGa!LOGI!HVG!SLWIPG!L!HVG!ZGRI!!!!

### Foot Clinic

ORJKIR! .R^RUIGSL!RJK!5RIZ!4GPPRIK!QNPNGK!PGJNLIP!NJ!HVGNI!  
VLXGP!HL!VGT^!^IGOGJH!VGRTHV!^ILYTGXP!PWSV!RP!NJ[GSHNLJP!RJK!  
KNRYGHGP%IGTRHGK!SLX^TNSRHNLJP!YZ!^ILQNKNUU![LLH!SRIGI!!/VNP!  
PGIONSG!`RP!RQRNTRYTG!YZ!R^^LIJHXGJH!LJTZ!  
!

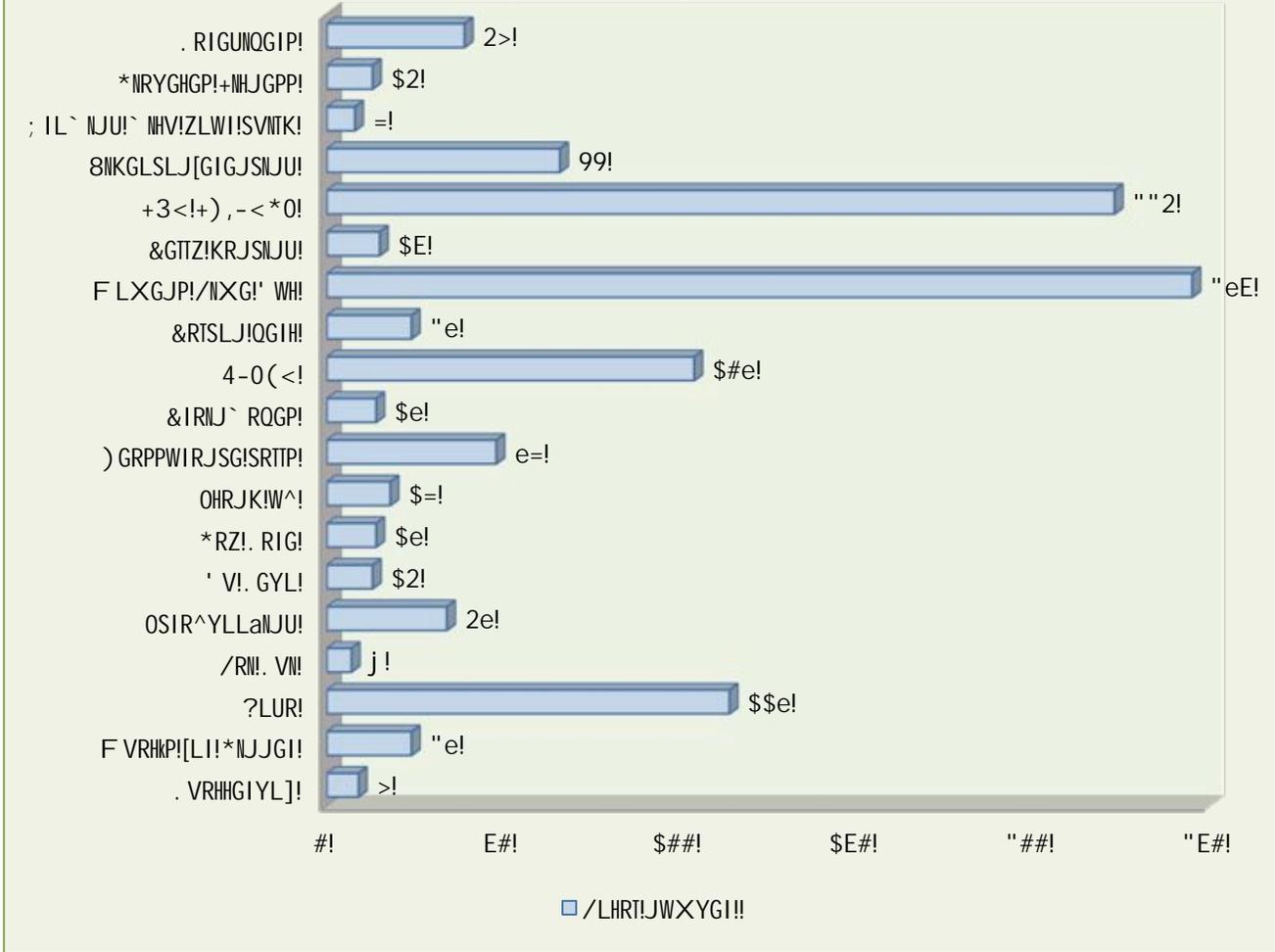


# PROGRAM FREQUENCY AND PARTICIPATION

6 I L U I R X P ! R H ! e ! 7 L I J G I P ! Y G U N J ! N J ! H V G ! [ R T 0 TR P H ! [ L I ! \$ # ! ` G G a P ! R J K ! G J K ! Y G [ L I G ! H V G ! . V I N P H X R P ! V L T N K R Z P ! ! ) G U N P H I R H N L J ! [ L I ! H V G ! ` N J H G I ! P G P P N L J ! Y G U N J P ! N J ! : R J W R I Z I ! ! / V G ! ` N J H G I ! P G P P N L J ! T R P H P ! R J L H V G I ! \$ # ! ` G G a P ! R J K ! G J K P ! W P H ! Y G [ L I G ! H V G ! G J K ! L ! 5 R I S V I ! ! 6 I L U I R X ! ! G U N P H I R H N L J ! [ L I ! H V G ! P ^ I N J U ! Y G U N J P ! N J ! ( ^ I N T I ! ! / V G ! P ^ I N J U ! P G P P N L J ! T R P H P ! [ L I ! R J L H V G I ! \$ # ! ` G G a P ! ! ' J T Z ! H V G ! H I W T Z ! K G K N S R H G K ! S L J H N J W G ! ^ I L U I R X P ! H V I L W U V L W H ! H V G ! P W X X G I ! ! < L I X R T Z 0 H V G ! S G J H G I ! ` R P ! H L L ! V L H ! H L ! ^ I L O N K G ! R ! S L X [ L I H R Y T G ! R H X L P ^ V G I G ! [ L I ! ^ I L U I R X P I ! ! A L ` G Q G I 0 R ! U I R J H ! [ I L X ! H V G ! *Agence de la santé et des services sociaux des Laurentides*, R ! S L J H I N Y W H N L J ! [ I L X H V G ! . N H Z ! L ! \* G W ] % 5 L J H R U J G P ! R P ! ` G T I ! R P ! H ` L ! [ W J K I R N P G I P D ! A L H ! \* L U ! O R T G P ! R J K ! H V G ! *Improv Night* R T T L ` G K ! W P ! H L ! ^ W I S V R P G I R J K ! N J P H R T I ! R ! J G ` ! R N I ! S L J K N H N L J ! U J U ! W J W H I ! ! / V N P ! ` N T I ! R T T L ` ! e ! 7 L I J G I P ! H L ! L [ [ G I ! ^ I L U I R X P ! Z G R I ! ! L W J K ! N J ! " # \$ " % " # \$ 2 !

/ V G ! U I R ^ V ! Y G T L ` ! P V L ` P ! H V G ! K N P H I N Y W H N L J ! L [ ! X G X Y G I P ! ` V L ! ^ R I H N S M ^ R H G K ! N J ! H V G ! O R I M L W P ! ^ I L U I R X P ! L [ [ G I G K ! H V I L W U V ! e ! 7 L I J G I P ! L O G I ! H V G ! S L W I P G ! L [ ! H V G ! Z G R I ! ! ! ( ! H L H R T ! L [ ! L O G I ! 2 E # ! N J K N O N K W R T ! R S H N O N H N G P ! ` G I G ! L [ [ G I G K ! R J K ! L O G I ! E \$ # ! N J K N O N K W R T P ! ` G I G ! P G I O G K ! !

Program Participation 2011-2012



## PROGRAMS AND PARTNERSHIPS

### Stand-Up Program

/VNP! ^ I LU!RX! NP! L[[GIGK! NJ! + I GJSV! RH! HVG! T! SR! . 000! , J! " # \$ % " # \$ " ! NH! ^ RP! L[[GIGK! YZ! R! YNT! NJUWR! NJHG! IQGJG! ! I L X! HVG! . 000! NJ! - JUTNPV! HL! R! U! L W^! L! PGJNLIP! TLLaNU! [L! PHIRHGUNG! HL! NX^! I LOG! HVGN! ^ LPHW! G! RJK! ^ I GOGJH! [RTTP! ! /VG! I GPWTHP! ^ GIG! NX^! I GPPNOG! !



### PANDA BLSO

6 (< \* (! & 40' ! L[[GIGK! [LW! ^ I LU!RX! P! RH! e! 7LIJGIP! NJ! " # \$ % " # \$ " ! HVG! ) GRK! NJU! \* GHGSHNOGP! 6I LU!RX! [L! ! WJNLIP! RJK! [L! PGJNLIP! R! 6RIGJHNU! 0aNTTP! ; I LW^! RJK! XLJHVTZ! , J[LIXRHN! L! . LJ[GIGJSGP! ! /VG! 6 (< \* (! & 40' ! U! L W^! SLJH! NYWHGK! HL! HVG! LJULNU! [WJSHNLJNU! L! HVG! . GJHG! !

### TOPS

/ ' 60! NP! R! ^ G! NUUVH! T! PP! PW^ ^ L! H! U! L W^! [L! XRTGP! RJK! [GXRTGP! L! RTT! RUGP! ! / ' 60! XGH! LJSGR! ^ G! Ga! RH! e! 7LIJGIP! ! /VG! / ' 60! ^ I LU!RX! SLJH! NYWHGK! HL! HVG! LJULNU! [WJSHNLJNU! L! HVG! . GJHG! !



### Belly Dancing

/VNP! ^ I LU!RX! ^ RP! KGPNUJGK! [L! ! NJKNQKWRTP! ^ VL! PLWUVH! HL! VRQG! [WJ! ^ VNTG! NX^! I LQ! NJU! HVGN! VGRTHV! HV! L WUV! HVG! RJSIGJH! R! H! RJK! XLOGP! L! YGTTZ! KRJS! NJU! ! /VNP! ^ I LU!RX! ^ RP! L[[GIGK! LJSGR! ^ G! Ga! RH! e! 7LIJGIP! ! 6I L[NHP! [I L X! HVG! & GTTZ! \* RJS! NJU! ^ I LU!RX! SLJH! NYWHGK! HL! HVG! LJULNU! [WJSHNLJNU! L! HVG! . GJHG! !

### Get Fit for Active Living Diabetes

/VG! . WX! X! NJUP! . GJHG! ! L! [5LJHI \_RT! L[[GIGK! HVNP! KNRYGHGP! [NHJGPP! SLW! PG! ^ NHV! \* RTG! ARX! X! LJK! RH! e! 7LIJGIP! ! /VG! ^ R! HNS! ^ R! JHP! RT! ! NJKNSRHGK! HVRH! HVGZ! ^ LWTK! T! NaG! HVG! SLW! PG! HL! SLJH! NJWG! RP! HVGZ! RT! ! J! LHGK! HVG! YGJG! [NHP! G] G! S! NPG! VRK! L! J! HVGN! ! KNRYGHGP! !

### Zumba

, JPH! WSHL! ! 4G! NUVRJJ! \* W[RWTH! UWNKKGK! ^ R! HNS! ^ R! JHP! NJ! HVNP! 4RH! NJ! NJP! ^ N! GK! [NHJGPP! ^ I LU!RX! ! ! /VNP! ^ I LU!RX! ^ RP! L[[GIGK! HV! IGG! HN! XGP! ^ G! ! ^ G! Ga! HL! ^ I L X! LHG! R! VGRTHVZ! T! [GPHZTG! HVRH! NJSTWKGK! I GUWTR! ! ^ VZP! SR! T! RSH! NQNHZ! ! ! 6I L[NHP! [I L X! HVNP! ^ I LU!RX! RTL ^ GK! e! 7LIJGIP! HL! L[[G! ! LHVGI! NX^! I LHRJH! RJK! GPPGJH! RT! ^ I LU!RX! P! RH! JL! SVRIUG! HL! ^ R! HNS! ^ R! JHP! !



### Public Partner Roundtables (*Tables de concertation*)

,J! "#\$%"#\$"0! XGXYGIP! L[! HVG! e! 7LIJGIP! HGRX! ^RIHNSI^RHGK! NJ! QRINLWP! HRYTGP! ` NHV! LHVGI!  
LIURJNMRHNLJP!RJK!HVG!. 000P!NJ! \*GW]%5 LJHRUJGP0 ( IUGJHGWT!RJK!KGP!0LXXGHP!!/VILWUV!HVNP!  
^RIHNSI^RHNLJ0! e! 7LIJGIP! PHIGJUHVJGK! NHP! HNGP! HL! LHVGI! LIURJNMRHNLJP! HVRH! PGIQK! HVG!  
^L^WTRHNLJ!NJ!HVG!4RWIGJHNRJ!IGUNLJ1!! ,J!RKKHNLJ0!e!7LIJGIP!` RP!HVGIG!HL!RPa0!I ,P!HVNP!RQRNTRYTG!  
NJ!-JUTNPVmn!

### Computer Classes for Seniors

. LTRYLIRHNLJ!` NHV!HVG!) LLHP! L[! 4GRIJNU! ^ILbGSH! L[[GIGK!YZ!' J!HVG! F NJUP! L[! ( IHNPRJP!TGK!HL!  
SLX^WHGI!SLWIPGP![L!PGJNLIP!!/VG!) LLHP!L[!4GRIJNU!HGRX!` RP!RYTG!HL!LIURJMMG!H` L!TGQGT!L[!  
SLWIPGPD!LJG![L!YGUNJGIP0RJK!LJG![L!NJHG!XGKNRHG!TGQGT!TGRIJGIP!!  
!



### Post-operative Documentation in English

/VG! 7RJGPRHRaG! AGRTHV! . GJHG!UGJGILWPTZ!L[[GIGK!R!  
YNJKGI!SLJHRJNU!PGQIR!^LPH%L^GIRHNOG!KLSWXGJHP!  
NJ! -JUTNPV! ! 5LPH! L^GIRHNLJP! RIG! SLJHRJGK! NJ! HVG!  
YNJKGI!PL!NJKNQKWRTP!RIG!SGIHRJ!HL!WJKGIPHRJK!HVG!  
NX^LIHRJH!NJPHIWSHNLJP!HL![LTL` !YG[LIG!RJK!R[HG!RJ!  
L^GIRHNLJ!  
!

### Videoconferencing Information Sessions

/VILWUV! HVG! PW^^LIH! L[! HVG! . LXXWJNHZ! AGRTHV! -KWSRHNLJ! 6ILUIRX! RJK! HVG! . LXXWJNHZ!  
4GRIJNU! . GJHG! NJ! 4RSVWHG0! e! 7LIJGIP! VLPHGK! \$\$! QNKGLSLJ[GIGJSNU! PGPPNLJP!! /VG! HL^NSP!  
SLQIGK!NJSTWKGK0!VGRINJU!TLPP0!PGJNL!` GTJGPP0!RTTG!UNG0!KG^IGPPNLJ0!PTGG^!KNPLIKGIP0!SVILJNS!  
NTJGPP0!SRIKNLQRPSTRI!` GTJGPP0!RJK!PGQIR!LHVGIPI!!!5P!-KNHV!3IZ0!LW!SLLIKNJRHLI0!GJPWIGK!  
HVG!^IGPGJSG!L[!R!IG^IGPGJHRHNOG![LX!HVG! . 000!Kc( IUGJHGWT!RH!GRSV!PGPPNLJ1!!/VNP!^RIHJGIPVN^!  
RTL` GK!HVG! -JUTNPV%P^GRaNU!SLXXWJNHZ!HL!YGHHG!WJKGIPHRJK!HVG!HL^NSP!RP!` GT!RP!` VRH!HVG!  
TLST! . 000!SRJ!KL![L!HVGX!

# PROJECTS

## Health Prevention and Promotion (HPP): Improving the Mental Health of Our Youth

/VG! . LXXWJNHZ!AGRTHV!RJK!OLSNRT!OGIQNSGP!<GH` L!a!B. A00<C![WJKGK!HVG!A66!^!LbGSH!NJ!"#\$\$%"#"\$!"/VG!  
^!LbGSH![LSWPGK!LJ!H` L!RUG!U!LW^P!"/VG![NIPH!` RP!R!^!LUIRX![L!UIRKG!LJG!PHWKGJHP!RUGK!YGH` GGJ!9!RJK!j!  
ZGRIP! L! RUG! ! /VG! IGPNTNGJSG! YWMTKNUU! RJK! RJ]NGHZ! ^!IGQGJHNLJ! ^!LUIRX! SRTTGK! +3<! +) ,-< \*0! ` RP!  
NX^TGXGJHGK!NJ!=!PSVLLTP!NJ!HVG!ONI!F NT[INK!4RWINGI!OSVLLT!&LRIKD!e!NJ!HVG!4RWIGJHNRJP!RJK!e!NJ!4RQRTI!"/VG!  
^!LbGSH!` RP!R!bLNUJHG![L!H!` NHV!(; (6-%<6,!4RQRT!RJK!e!7LIJGIP!"/VG!^!IGTNXNJRIZ!IGPWTHP!` GIG!^!LPNHQO!` NHV!  
^RIGJHP!HGRSVGIP!RJK!^!NJSN^RTP!JLHNSJUU!NX^GKNRHG!YGGJ[NHP![L!X!HVG!^!LUIRX!"/VG!^!LUIRX!NP!PTRHGK!HL!  
SLJHNUJWG!NJ!"#\$\$%"#"\$2!` NHV!NX^TGXGJHRHNLJ!NJ!e!XLI G!PSVLLTP!NJ!HVG!4RWIGJHNRJP!RJK!e!XLI G!NJ!4RQRTI!

/VG!PGSLJK!^RIH!L!HVG!^!LbGSH![LSWPGK!LJ!RKLTPSGJHP!NJ!VNUV!PSVLLT!RUGK!YGH` GGJ!\$"!RJK!\$j!"/VG!G!` RP!  
SLJSGI!J!LQGI!HVG!KN[NSWTHZ!RPLSNRHGK!` NHV!RSSGPPNJU!KIWU!^!IGQGJHNLJ!RJK!NJHG!OGJHNLJ!PGIQNSGP![L!TLSTRT!  
-JUTNPV%P^GRaNUJ!ZLWHV!(!SLXXNHGG!SLJPNPHNJU!L!PGQGI RT!^RIHJGIP!` RP![L!XGK!"/VG!^RIHJGIP!NJSTWKGKD!  
4RaG!L!/^` L!5LWJHRNJ!ANUV!OSVLLT! . 000!KW!4RS%KGP%\*GW)%5LJHRUJGP! . GJHIG! (JKIG!&LWKIGRW!6L!HRUG!  
6(<\* (0!HVG! . NHZ!L! \*GW)%5LJHRUJGP!6L!TNSG!RJK!e!7LIJGIP!"/VG!SLXXNHGG!` RP!RYTG!HL!GPHRYTNPV!R!STGRI!  
SLIINKLI!L!PGIQNSG!L!PHWKGJHP!IGgWNI!NJU!NJHG!OGJHNLJ! ,!RKKNHNLJ!R!^!IGQGJHNLJ!^!LUIRX!SRTTGK!(6/!` RP!  
^WISVRPGK![L!WPG!` NHV!NJ!HVG!PSVLLT!

## McGill: Laurentian Regional Internship Placement System

/VG!^WI^LPG!L!HVN!^!LbGSH!` RP!HL!NJSIGRPG!YNTNUJWRT!VGRTHV!^!L!GPPNLJRT!NJ!HVG!4RWIGJHNRJ!IGUNLJ!"/VG! "#\$\$%  
"#\$"!` RP!HVG!PGSLJK!ZGRI!L!HVN!HVI GG%ZGRI!^!LbGSH! ,J!HVG!PGSLJK!ZGRI!^RIHJGIPV!^!` NHV!GKWSRHNLRJ!  
NJPHNHWHNLJ!RJK!VGRTHV!NJPHNHWHNLJ!SLJHNUJWGK!(!Y!LSVWIG!` RP!KGQGT!^GK!RJK!KNPH!NYWHGK!HL!GKWSRHNLRJ!  
NJPHNHWHNLJ!HL!^!LXLHG!VGRTHV!RJK!PLSNRT!PGIQNSG!SRIGGI!NJ!HVG!4RWIGJHNRJ!IGUNLJ! ,J!RKKNHNLJ!R!KRHRYPG!  
` RP!SIGRHGK!HVRH!SLJHRNJ!NJ[L!XRHNLJ!RYLWH!^!LPPNYTG!NJHG!JPV!^!NJ!HVG!IGUNLJ!"/VG!KRHRYPG!NP!RQRNRYTG!  
LJTNUG!RH!` ` ` 1eaLIJGIPSGJHG!1L!U!WJKG!HVG! . () --) O!HRY!

## Networking and Partnership Initiative: Helping Ourselves Year 3

/VNP!` RP!HVG!HVNI K! PHRUG! L! TRPH! ZGRI!cP! XLYNTNMRHNLJ! ^!LbGSH! ! /VG! ULRT!` RP!HL! YINJU! HLUGHVGI! -JUTNPV%  
P^GRaNUJ!SLXXWJNHNGP!HVILWUVLWH!HVG!4RWIGJHNRJ!IGUNLJ!RJK!NJHNRHG!KNRTLWUG!RP!R!YRPNP![L!HVG!SIGRHNLJ!L!  
RJ!NJ[L!XRHNLJ!RJK!PW^L!H!JGH` L!a!RN!XGK!RH!^!LXLHNU!UIGRHG!RSSGPP!HL!VGRTHV!RJK!PLSNRT!PGIQNSGP!NJ!HVG!  
-JUTNPV%TRJURUG! ! ! /VG! 4RWIGJHNRJ! -JUTNPV! OGIQNSGP! (KONPLIZ! <GH` L!a! B4-0(<C! VRP! R! HLHRT! L! [NOG!  
SLXXNHGGP!WJNHNU!QRINLWP!^RIHJGIP!NJ!KN[[GIGJH!HG!INH!INGP!HL!` L!a!` NHV!HVGNI!TLSTRT! . 000P!5RJZ!RSHNQHNGP!  
` GIG! XRGK! ^LPPNYTG! NJ! ^RIH! HVILWU! HVNP! ^!LbGSH! NJSTWKNJU! YWH! JLH! TNXNHGK! HL! HVG! +RXNTZ! 8NLTGJSG!  
FL!aPVL!^!; GHNUJ!HL!7JL!` !' W! . LXXWJNHNGP!-QGJH! \*LS!4R^LNUJG!-QGJH! ^GJ!ALWPG!RJK!XRJZ!XLI G!



**STATEMENT OF OPERATIONS AND CHANGES IN NET ASSETS  
FOR THE YEAR ENDED MARCH 31, 2012**

	<b>2012</b>
<b>Revenues (Note 4)</b>	<b><u>\$ 268,616</u></b>
<b>Expenditures</b>	
Salaries and related benefits	120,855
Program salaries and related benefits	3,200
Program expenses	26,866
Consulting fees	5,246
Rent	10,551
Professional fees	22,840
Telecommunications	2,321
Utilities	7,722
Travel	4,276
Property taxes	2,750
Office and general	20,719
Amortization	<u>2,877</u>
	<u>230,223</u>
<b>Excess (deficiency) of revenues over expenditures for the year</b>	<b>38,393</b>
<b>Balance, beginning of year</b>	<b><u>(33,388)</u></b>
<b>Balance, end of year</b>	<b><u>\$ 5,005</u></b>

# SPONSORS, SUPPORTERS AND PARTNERS 2011-2012

## All of our valued volunteers!

(QGJN!KcGJ[RJHP!  
 &LWI PRKIGW!  
 . RJRKIRJ!. GJHIG![L!!(SHNQNHZIRJK!(UINUJ!  
 . -</) (,\*-!4RWIGJHMKGP!  
 . GJHIG!(JKI\_!&LWKIGRW!  
 . GJHIG!KW!+TLIdP!  
 . -0(5-!  
 . NHZ!L![5L!NJ!AGNUVHP!  
 . LXXWJNHZ!. LJJGSHNLJP!  
 . LXXWJNHZ!AGRTHV!RJK!OLSNRT!OGIQNSGP!<GH` L!a!  
 . 000!Kc(IUGJHGWN!  
 . 000!KGP!6RZP%KcGJ%ARWH!  
 . 000!KGP!OLXXGHP!  
 . 000!KW!4RS%KGP\*GW]%5LJHRUJGP!  
 . WXXIJUP!. GJHIG!  
 \*\_^RJJRUG!OH%(UR^NH!  
 -KWSRTL!  
 -X^TLN!@W\_YGS!!  
 -JUTNPV!. LXXWJNHNGP!. LXXNHHGG!  
 -JUTNPV!4RJUWRUG!(IHP!<GH` L!a!  
 ; ) ( ; -!<(/!  
 AGRTHV!. GJHG!6RIHJGIP!. LXXNHHGG!!  
 ; (!5RISV\_!O\_J\_SRTG!GH!+MTG!!  
 7RJGVPRHRaG!+NIPH!4NJG!OGIQNSGP!  
 7RJGPRHRaG!AGRTHV!. GJHG!  
 7LJHIRPH!%&RUGTP!,TTXNH\_P!%6' 34-!/\*' )p!!  
 4RSVWHG!. LXXWJNHZ!4GRIJNJU!. GJHIG!  
 4c(UGJSG!KG!TR!PRJH\_!GH!KGP!PGIQNSGP!PLSNRW]!KGP!  
 4RWIGJHMKGP!  
 4c(^^W!KGP!4RWIGJHMKGP!  
 4cpQGNT!  
 4R!+RIRJKLTG!

4(7-!' +!/' !5' 3</(<0!A; ; A!0. A' ' 4  
 4RWIGJHNRJ!-TGXGJHRIZIOSVLLT!  
 4RWIGJHNRJ!)GUNLJRT!ANUV!IOSVLLT!  
 4G!. RIIG[LWI!6\_IN%JRNPPRJSG!  
 4GNUVRJJ!\*W[RWTH!  
 4-0(<!(IUGJHGWN!  
 4-0(<!\*GW]%5LJHRUJGP!  
 4,' <0!. 43&!\*-3o%5' </(; <-0!  
 5RIU!OHIGGH!<G` P^R^GI!  
 5RNPLJ!KGP!bGWJGP!\*GW]%5LJHRUJGP!  
 5RPLJNS!+LWJKRHNLJ!L!@W\_YGS!!  
 5S. RIU!-TGXGJHRIZIOSVLLT!  
 5S; NT!3JNOGIPNHZ!  
 5LSSRPJ!:L!. L![[GG!)LRPHGIP!  
 5LWJHRUJONG` !-TGXGJHRIZIOSVLLT!  
 5I!&GJLNI!. VRIHHG!5<(!  
 5P!4RWIJ!4NW!56!  
 <- . 0!6!LUIRX!  
 <LIHV!OVLIG!<G` P!  
 ' J!HVGI!F!IJUP!L!(IHNPRJP!  
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 6RZP%KcGJ%ARWH!. LXXNHHGG!  
 6LIHRUG!  
 6WY!\*GW]%5LJHRUJGP!  
 @W\_YGS!. LXXWJNHZ!; ILW^P!<GH` L!a!  
 )' ?(4!. (<(\*,(<!4-; ;' <!\*GW]%5LJHRUJGP!  
 ORNJHG%(URHVGI!(SRKGXZ!  
 ONI!F NT[INK!4RWING!IOSVLLT!&LR!K!  
 0<; !. LTIJ!&RIIL` !446!  
 /' 60!\*GW]%5LJHRUJGP!  
 8,44-!\*-!\*-3o%5' </(; <-0!  
 F LXGJcP!/NXGI' WH!



**THIS YEAR'S PROGRAMS AND PROJECTS WERE MADE POSSIBLE BY:**

